

Corey Johnson

Written by Corey
Tuesday, 24 May 2011 03:19



Corey Johnson is both a Professional Counsellor, registered with the Canadian Professional Counsellors Association (CPCA), and a Certified Group Facilitator. He has a Diploma in Applied Psychology and Counselling.

Corey specializes in addictions counselling working with youth, adults and families. He has a personal understanding of the disease of addiction and the effect it has on others. Corey's goal is to assist clients in finding and creating a healthy balance.

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Corey has experience working in various psychological fields and programs including: Addictions treatment groups, Mental Health care homes for people with personality disorders, and youth psycho-educational day programs; he also works as a Program Coordinator for community outreach programs. His leadership and involvement in such programs and experiences has allowed him to refine his skills in areas such as:

- Addiction
- Anger and Stress Management
- Co-dependency
- Depression and Anxiety
- Lifestyle Transitions and Personal Development
- Relationship Health and Recovery
- Self Esteem and Self worth
- Teen Adjustment and Adolescent Issues
- Employee Assistance
- Workplace Interventions

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Corey specializes in addictions counselling working with youth, adults and families. He has a personal understanding of the disease of addiction and the effect it has on others. Corey is highly skilled and experienced in assessment, group facilitation, recovery monitoring, and designing recovery treatment plans; he has intensive training with suicidecrisis interventions and has great knowledge of, and a connection with, services that are available for interventions and treatment.

Through his counselling service, Corey aims to support clients and their loved ones in moving forward to discover their true potential. It is his belief that counselling is a collaborative process, where both client and counsellor work together to meet life goals, heal beliefs, and create healthier coping strategies. By examining biological, sociological, and psychological factors of one's life in a supportive, validating, but challenging environment, it is Corey's goal to assist clients in finding and creating a healthy balance in all areas of life.